

MEAL PRICES

Breakfast:
 PK-12 \$1.60
 Reduced - \$.30
 Adults - \$2.20
 Milk \$.50

Lunch:
 PK-6 - \$2.60
 7-12 - \$2.75
 Reduced - \$.40
 Adults - \$3.65

**Council Grove Junior/Senior
 High School
 Breakfast/Lunch Menu**

**Offered Daily for
 Breakfast:**
 100% Fruit Juice/Fruit
 1% White Milk
 Skim Chocolate Milk

Offered Daily For Lunch:
 1% White Milk
 Skim Chocolate Milk

**Veggie/Fruit
 Patch Offered
 Daily**

January 2019

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
| <p>To qualify as a reimbursable meal each meal MUST have ½ cup fruit/vegetable/ or combination of the two</p> <p>3 Choices for Breakfast: Main Menu Muffin/Cereal 2 Cereals</p> | <p>1</p> <p>All Middle School/High School Ala Carte options meet USDA Smart Snack at School Nutrition Standards</p> <p>NO SCHOOL</p> | <p>2</p> <p>NO SCHOOL</p> | <p>3</p> <p>Chicken & Biscuit</p> <p>Lasagna Or Chicken Parmesan</p> <p>Green Beans Pears Bread Stick</p> | <p>4</p> <p>WG Biscuit Sausage & Gravy</p> <p>Hot Dog Or Tater Tot Bake</p> <p>Cauliflower Applesauce *Rice Krispy Treat</p> |
| <p>7</p> <p>WG Breakfast Pizza</p> <p>Chicken Leg Or Chicken Strips</p> <p>Mashed Potatoes Gravy Pears Cookie</p> | <p>8</p> <p>Syrup Tuesday</p> <p>Burrito or Crispito's w/ Cheese</p> <p>Refried Beans Cinnamon Apples Ice Cream</p> | <p>9</p> <p>Scrumptious Coffee Cake Sausage Patty</p> <p>WG Biscuit and Gravy Sausage or Chili/Cinn. Roll</p> <p>Hash Brown Peaches</p> | <p>10</p> <p>Egg & Cheese Biscuit</p> <p>Mac and Cheese/ Little Smokies or Chicken Teriyaki/Rice</p> <p>Broccoli Fruit Cocktail HS-Roll</p> | <p>11</p> <p>WG Sausage Cheese Biscuit</p> <p>Rib Sandwich on WG Bun or Pizza</p> <p>French Fries Applesauce</p> |
| <p>14</p> <p>WG Breakfast Pizza</p> <p>Chicken Nuggets Or Breaded Beef Sticks</p> <p>Smiles Applesauce Roll</p> | <p>15</p> <p>Syrup Tuesday</p> <p>Chicken Parmesan/ Breadstick or Ham and Scalloped Potatoes/Corn Bread</p> <p>Green Beans Strawberries and Bananas</p> | <p>16</p> <p>WG Muffin Yogurt</p> <p>Chicken Noodle Soup w/Crackers or Corn Dog</p> <p>Corn Mandarin Oranges</p> | <p>17</p> <p>Sausage & Cheese Biscuit</p> <p>Cheeseburger/ WG Bun or Spaghetti with Meatballs</p> <p>Peas and Carrots Peaches</p> | <p>18</p> <p>WG Biscuit Sausage & Gravy</p> <p>Pizza Or Chicken Strip Wrap</p> <p>Baked Beans Pears Brownie</p> |
| <p>21</p> <p>NO SCHOOL</p> | <p>22</p> <p>Syrup Tuesday</p> <p>Chicken Fajita & Tortilla Chips or Meatball Sub</p> <p>Cauliflower Rosy Applesauce</p> | <p>23</p> <p>*Peach Coffee Cake Sausage</p> <p>Soft Tacos or Taco Salad</p> <p>Spanish Rice Refried Beans Mandarin Oranges</p> | <p>24</p> <p>Scrambled Eggs Hash Brown Patty</p> <p>Chicken and Waffles Or Egg Roll & Rice</p> <p>Broccoli Pineapple</p> | <p>25</p> <p>WG Sausage Cheese Biscuit</p> <p>Chicken Filet Sandwich Or Cheeseburger</p> <p>Sweet Potato Tots Fruit Cocktail</p> |
| <p>28</p> <p>WG Breakfast Pizza</p> <p>Chicken Sticks or Breaded Pork Patty</p> <p>Seasoned Fries Peaches Roll</p> | <p>29</p> <p>Syrup Tuesday</p> <p>Cheeseburger Or Spicy Chicken Sandwich On WG Bun</p> <p>Baked Beans Bananas, Pineapple, and Mandarin Oranges</p> | <p>30</p> <p>WG Muffin Yogurt</p> <p>Chicken Quesadilla or Burrito</p> <p>Corn Pineapple Queso Cheese</p> | <p>31</p> <p>Chicken & Biscuit</p> <p>Lasagna Or Chicken Parmesan</p> <p>Green Beans Pears Garlic Bread</p> | |

This institution is an equal opportunity provider.

Menu is Subject to change without warning

MEAL PRICES

| | |
|-------------------|-----------------|
| Breakfast: | Lunch: |
| PK-12 \$1.60 | PK-6 - \$2.60 |
| Reduced - \$.30 | 7-12 - \$2.75 |
| | Reduced - \$.40 |
| Adults - \$2.20 | Adults - \$3.65 |
| Milk \$.50 | |

**Council Grove/Prairie Heights
Elementary School
Breakfast/Lunch Menu**

**Offered Daily for
Breakfast:**
100% Fruit Juice/Fruit
1% White Milk
Skim Chocolate Milk

Offered Daily For Lunch:
1% White Milk
Skim Chocolate Milk

January 2019

**Veggie/Fruit
Patch Offered
Daily**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| <p>Items with * Preschool is NOT ALLOWED to have due to new CACFP Regulations</p> <p>*ONLY offered to Preschool 1% White Milk Skim White Milk</p> | <p>1</p> <p>To qualify as a reimbursable meal each meal MUST have ½ cup fruit/vegetable/ or combination of the two</p> <p>3 Choices for Breakfast: Main Menu Muffin/Cereal 2 Cereals</p> <p>No School</p> | <p>2</p> <p align="center">No School</p> | <p>3</p> <p>Chicken & Biscuit</p> <p>Chicken Parmesan/ Bread Stick</p> <p>Green Beans Pears</p> | <p>4</p> <p>WG Biscuit Sausage & Gravy</p> <p>Hot Dog on WG Bun</p> <p>French Fries Applesauce *Rice Krispy Treat</p> |
| <p>7</p> <p>WG Breakfast Pizza</p> <p>Chicken Strips</p> <p>Mashed Potatoes Gravy Pears Cookie</p> | <p>8</p> <p>Syrup Tuesday</p> <p>Burrito</p> <p>Refried Beans Cinnamon Apples Ice Cream</p> | <p>9</p> <p>Scrumptious Coffee Cake Sausage Patty</p> <p>WG Biscuit and Gravy Sausage</p> <p>Hash Brown Peaches</p> | <p>10</p> <p>Egg & Cheese Biscuit</p> <p>Mac and Cheese/ Little Smokies</p> <p>Broccoli Fruit Cocktail</p> | <p>11</p> <p>WG Sausage Cheese Biscuit</p> <p>Pizza</p> <p>French Fries Applesauce</p> |
| <p>16</p> <p>WG Breakfast Pizza</p> <p>Breaded Beef Sticks/Roll</p> <p>Smiles Applesauce</p> | <p>17</p> <p>Syrup Tuesday</p> <p>Chicken Parmesan/ Breadstick</p> <p>Green Beans Strawberries and Bananas</p> | <p>18</p> <p>WG Muffin Yogurt</p> <p>Chicken Noodle Soup w/Crackers</p> <p>Corn Mandarin Oranges</p> | <p>19</p> <p>Sausage & Cheese Biscuit</p> <p>Cheeseburger/ WG Bun</p> <p>Peas and Carrots Peaches</p> | <p>18</p> <p>WG Biscuit Sausage & Gravy</p> <p>Pizza</p> <p>Baked Beans Pears Brownie</p> |
| <p>21</p> <p align="center">No School</p> | <p>22</p> <p>Syrup Tuesday</p> <p>Chicken Fajita</p> <p>Cauliflower Rosy Applesauce</p> | <p>23</p> <p>Peach Coffee Cake Sausage</p> <p>Taco Salad</p> <p>Spanish Rice Refried Beans Mandarin Oranges</p> | <p>24</p> <p>Scrambled Eggs Hash Brown Patty</p> <p>Chicken and Waffles</p> <p>Broccoli Pineapple</p> | <p>25</p> <p>WG Sausage Cheese Biscuit</p> <p>Cheeseburger on WG Bun</p> <p>Sweet Potato Tots Fruit Cocktail</p> |
| <p>28</p> <p>WG Breakfast Pizza</p> <p>Breaded Pork Patty/ Roll</p> <p>Seasoned Fries Peaches</p> | <p>29</p> <p>Syrup Tuesday</p> <p>Cheeseburger on WG Bun</p> <p>Baked Beans Bananas, Pineapple, and Mandarin Orange</p> | <p>30</p> <p>WG Muffin Yogurt</p> <p>Chicken Quesadilla/ Queso Cheese</p> <p>Corn Pineapple</p> | <p>31</p> <p>Chicken & Biscuit</p> <p>Lasagna/Garlic Bread</p> <p>Green Beans Pears</p> | |

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